



# R&H Produce Company Inc.

## Product List - Vegetables

Commodity	Varieties	Pack Sizes	Origins	Availability Notes	Storage Recommendations
Asparagus	Standard	11lb	WA & CA		Refrigerate standing upright with cut ends wrapped with a damp paper towel
Beans	Snap	28lb	NC, FL, GA, & TN		Refrigerate in a plastic bag for three to four days.
	Pole	15lb			
Beets		25lb	NC		
Broccoli	Bunched	14ct	CA, FL, & Canada		Refrigerate in a sealed plastic bag. It'll keep for three to five days.
	Crowns	18lb			
Brussel Sprouts		25lb	CA		Refrigerate in an open container.
Cabbage	Green	50lb	NC, FL, GA, NY, TN, & Canada		Refrigerate in a sealed plastic bag or container.
	Red				
Carrots	Whole	48/1lb, 24/2lb, & 50lb	CA & Canada		Refrigerate in a sealed plastic bag for up to three weeks.
Cauliflower		12ct	CA		Refrigerate wrapped in pastic.
Celery	Stalks	32ct	CA, FL, & Canada		Refrigerate one to two weeks in a sealed bag. Keep in the front of the refrigerator, where it's less apt to freeze.
Cilantro	Bunched	30ct	CA & Mexico		Refrigerate in sealed plastic bag or container with paper towel to absorb moisture
Corn	White	~42ct	NC, FL, GA, DE, CA, & Canada		Refrigerate ears still in the husk. Keep damp. They'll last up to two days.
	Bi-color				
	Yellow				
Cucumbers	Long Green	1-1/9 BU	NC, FL, GA, & Canada		Refrigerate, either in the crisper or in a plastic bag elsewhere in the fridge. They'll last four to five days.
	Pickle	50lb			
	English (seedless)	12ct	Canada		
Eggplant		25lb	NC, FL, GA, & TN		Refrigerate wrapped in paper towel and placed in perforated bag
Garlic	Bulk	30lb	China		Store on counter at room temperature. Does emit an odor that can absorb into other items.
	Peeled	4/5lb			
Greens	Collards	15lb	NC & MI		Refrigerate unwashed. Full heads will last five to seven days that way, instead of three to four days for a thoroughly drained one. Avoid storing in the same drawer as apples, pears or bananas, which release ethylene gases that act as a natural ripening agent.
	Kale				
	Mustard Salad				
	Turnip Salad				
Green Onions	Long	24ct	NC & SC	Mar-Jun, Sep-Oct	Refrigerate in sealed plastic bag or container with paper towel to absorb moisture
	Pencil Thin	4/2#	CA		
Lettuce	Cello Iceberg	24ct	CA & Canada		Refrigerate in a sealed plastic bag or container with paper towels to absorb excess moisture
	Green Leaf				
	Red Leaf				
	Romaine				
Mushrooms	Loose	12/8oz, 10lb, & 3lb	PA		Take out of the package and store in a paper bag in the refrigerator, or place on a tray and cover with a wet paper towel. They'll last two to three days.
	Sliced	12/8oz, 10lb, & 2/5lb			
	Portabella	3lb			
	Silver Dollar	10lb			
Onions	Yellow	50#, 25#, 16/3lb	NC, TX, AZ, NM, ID, CO, NY, Mexico, & Canada		Stored in the pantry, away from light and heat, they'll last three to four weeks.
	White	25lb			
	Red	25lb			
	Sweet	40lb			
	Vidalia	40lb	GA	Apr-Sep	
Parsley	Curly	60ct	CA & Canada		Refrigerate in a sealed plastic bag or container with paper towels to absorb excess moisture
	Italian (flat)				
Peanuts	Raw	50lb, 25lb, 24/2lb	NM		Store in a dark, dry area
	Roasted	24/12oz			
	Salted				
Peppers	Green Bell	1-1/9 BU	NC, FL, GA, TX, Mexico, & Canada		Refrigerated, they'll last four to five days.
	Red Bell	11lb			
	Yellow Bell				

	Jalapeno	35lb	TX & Mexico	
Potatoes	White Eastern	50lb, 15lb, 5/10lb, 100/10lb, 10/5lb, & 200/5lb	NC, FL, DE, NY, ME, & Canada	Store them in the pantry away from sunlight and heat, and they'll last two to three months.
	Red Eastern	50lb, 15lb, 5/10lb, 100/10lb, 10/5lb, & 200/5lb	FL, AL, MN, ND	
	Russet	50lb	ID & CO	
Radishes		30/6oz & 14/1lb	NC, FL, GA, & Canada	Refrigerate in original package or a perforated plastic bag
Rutabegas		50lb	Canada	Refrigerate in a sealed plastic bag or container
Shallots	Peeled	4/5#	Holland	Refrigerate but keep sealed to prevent odor from absorbing into other items
Squash	Yellow	28lb	NC, FL, GA, & TN	Refrigerate in a perforated plastic bag. They'll last four to five days.
	Zucchini (green)	20lb		
	Butternut	30lb		
	Acorn			
Spaghetti				
Sweet Potatoes (Yams)		40lb	NC	Store them in the pantry away from sunlight and heat, and they'll last one to two months.
Turnip Roots		25lb	NC	Refrigerate in a sealed plastic bag or container.
				Last edited - 5/29/2013